

# PREK & K PERSONAL SAFETY

**Created by Mrs. Mason**

EXPECTATIONS:  
BE SAFE  
STICK TOGETHER  
SO WE CAN HAVE FUN

# BREATHING PRACTICE



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S.T.A.R



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Drain



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Balloon



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Pretzel



**Who is absent  
today?**

WISH WELL  
WE WISH YOU WELL,  
WE WISH YOU WELL.  
ALL THROUGH THE DAY TODAY,  
WE WISH YOU WELL.

SAFEKEEPER

OUR JOB IS TO KEEP YOU SAFE.

YOUR JOB IS TO HELP KEEP IT

SAFE.



# HEY GUESS WHAT?



# PERSONAL SAFETY

It's our job, along with the adults at home, to make sure you are safe.



# DISCLAIMER: LEARNING ABOUT ABUSE

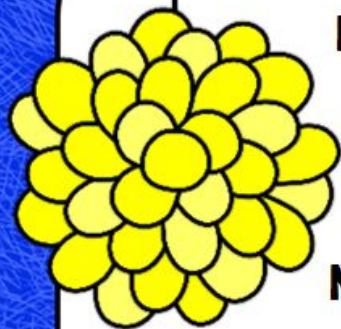


-What we are talking about today is very important.

-Be respectful and aware that some classmates may have experienced this.

-You may feel uncomfortable with today's topic. We are talking about it to educate you and keep you safe.





No child should be punched or kicked.  
No child should be left alone for a long time.

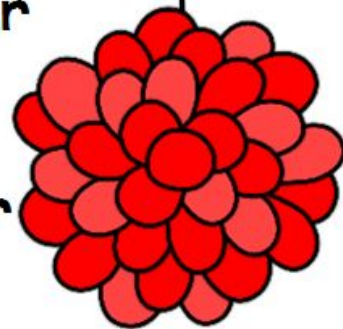
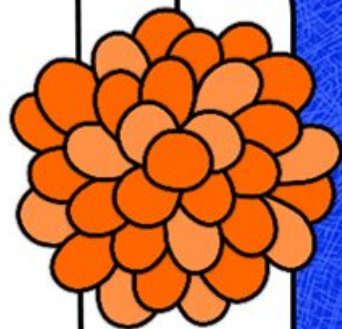
No child should be hungry for a long time.

No child should be bullied or told they are no good.

No child should be touched in their private parts.

No child should be scared by violence at home or in school.

No child should have to see other people hurt each other.



# PROTECT YOURSELF RULES

(Click  
picture to  
link to  
video.)



[fightchildabuse.org](http://fightchildabuse.org)

# WHAT DO THEY MEAN?

## The Protect Yourself Rules



IF YOU EVER DON'T FEEL SAFE...  
TELL YOUR TRUSTED ADULT.

Who could you  
tell?

