

September 2020

Dear Parents/Guardians,

The week of **September 28-Oct 2**, I will be teaching 3rd, 4th, 5th and 6th grades about the **Protect Yourself Rules**. I will be using resources provided by the Barbara Sinatra Children's Center Foundation and the Fight Child Abuse Organization. The objective of the Protect Yourself Rules Program is to educate all ages of children about what to do when confronted with abusive behavior such as safe and unsafe touches and other physical and emotional abuse.

The Personal Safety Rules I will be educating about are: Tell An Adult, Unsafe Touches, Smart Choices, Doesn't Matter Who It Is, Hitting is Wrong , and Tell Them To Stop. My goal is to empower students to know how to be safe and get help when they may need it.

If you do not want your child to be present during this lesson, please call me or email.

Thank you so much,

Becca Mason
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