

3RD & 4TH GRADE
LESSON #2
ONE WORD FOR KIDS

Created by Mrs. Mason

EXPECTATIONS:
BE SAFE
BE RESPECTFUL
BE RESPONSIBLE
SO WE CAN HAVE FUN

STAND UP
AND
STRETCH



DEEP BREATHS AND WISH WELL

(WHO'S ABSENT TODAY?)



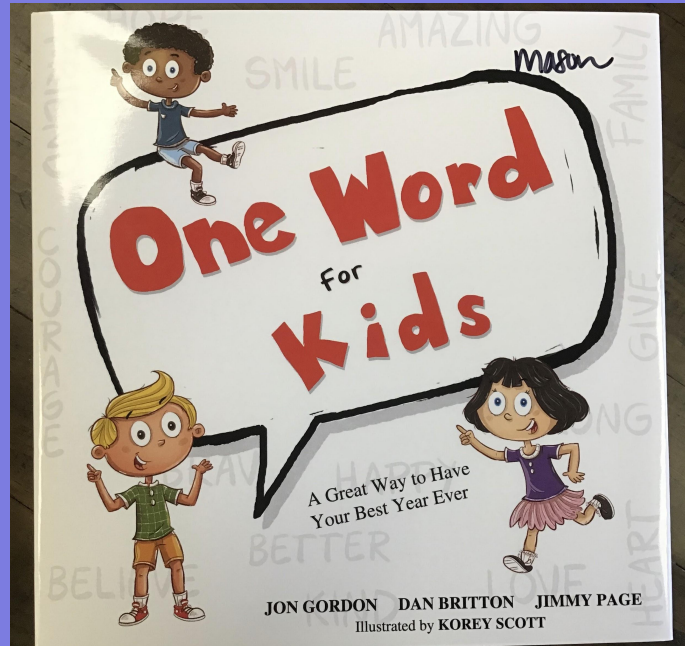
SEESAW JOURNAL QUESTION

WHAT IS SOMETHING YOU HAVE DONE THAT YOU ARE PROUD OF.



ONE WORD FOR KIDS

BY JON GORDON, DAN BRITTON AND JIMMY PAGE



It was the first day of school and Stevie was falling asleep. He was tired, grumpy, and sad that summer was over.





But his ears perked up when his teacher, Mrs. B, said, “I believe there is *one word* that will help you have your best year ever. It will be so great you’ll enjoy it even more than summer vacation.”

Stevie's friend Eli raised his hand and asked,
"What word is that?"



"The word will likely be different for everyone,"
Mrs. B said. "I have a special assignment for each
of you. It's to find your own *one word* for the year."



“So, how do we find it?” Stevie’s classmate Jimmy asked.
“I will help you, but I want you to try to discover it on your own first,” Mrs. B answered.



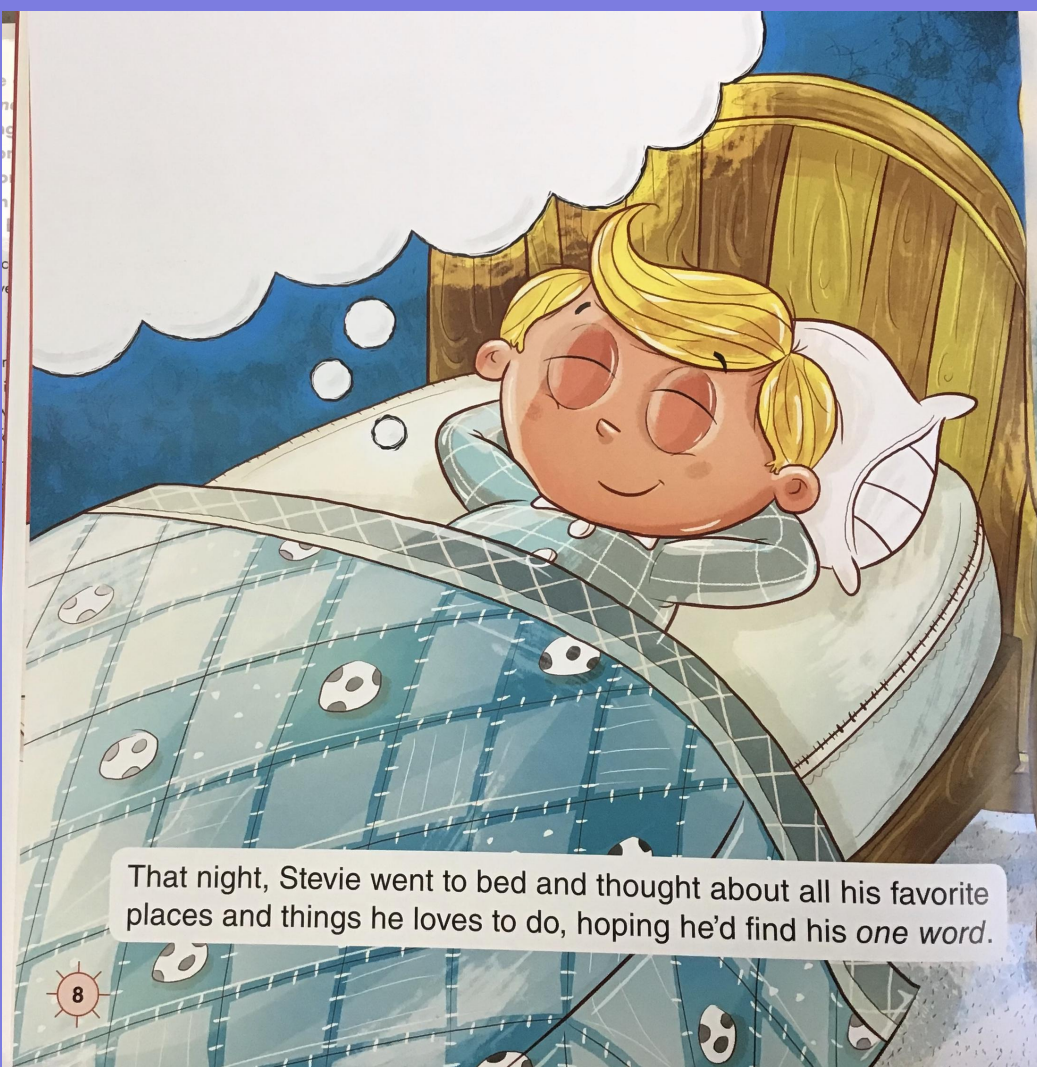
That night, while having dinner with his family, Stevie wouldn't talk or eat. When his mom asked what was wrong, he told her about the *one word* assignment. He was sad, because he had no idea how to find his *one word*.



“Maybe your *one word* is annoying!” his sister Kallie shouted.
“I think it should be negative!” his sister Jade yelled.

“C’mon, girls,” Stevie’s dad quickly responded.
“Stevie, maybe you should think about some of
the things you love to do or your favorite places
to go. Maybe you’ll find your *one word* there.”





That night, Stevie went to bed and thought about all his favorite places and things he loves to do, hoping he'd find his *one word*.

FUN



Maybe my one word is "FUN."

Love



Maybe my one word is "LOVE."

Maybe my *one word* is "KIND."





Maybe my one word is "SMILE."



STRONG

Maybe my *one word* is "STRONG."



Maybe my one word is "FAST."

Fast

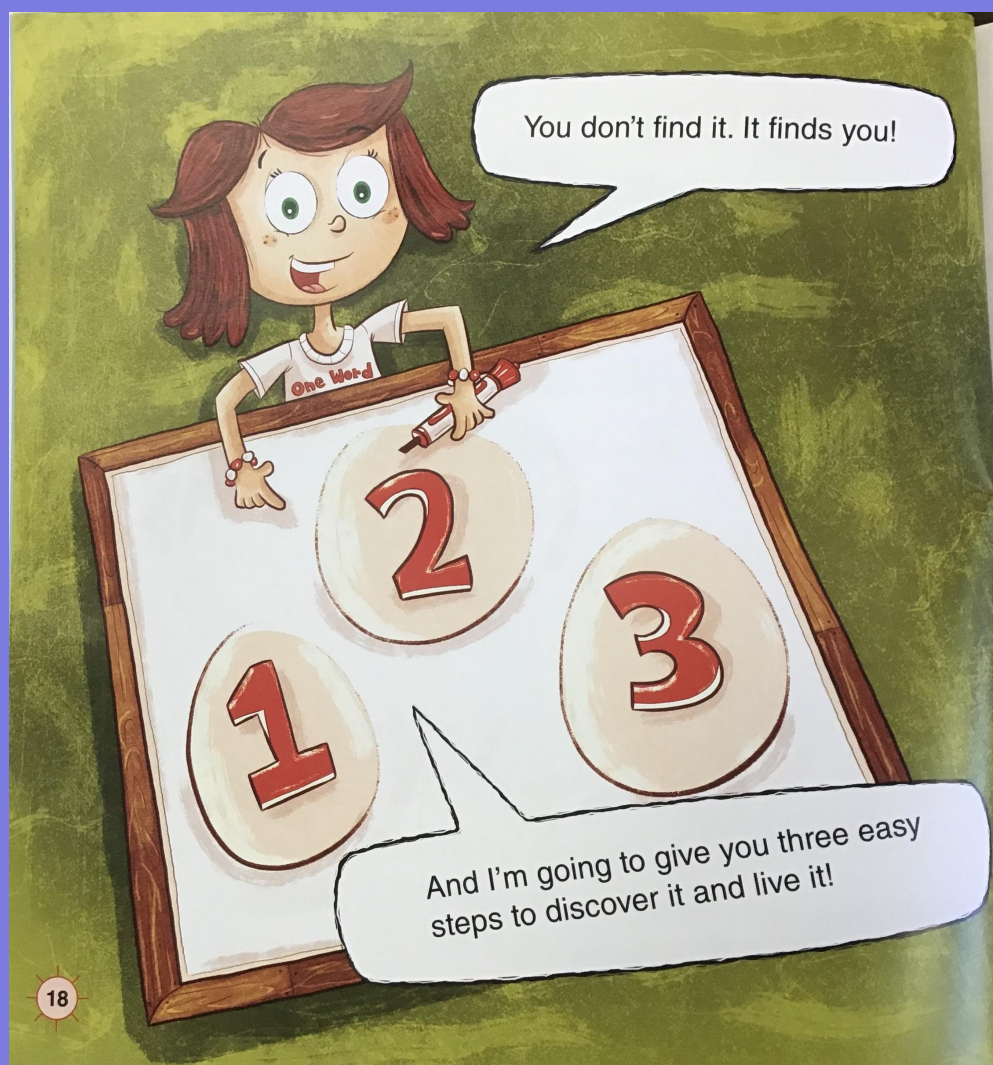




The next morning, Stevie woke up excited. He was still thinking about all the words he could choose.



When school started, Mrs. B said, "I have great news for all of you! Today, I'm going to give you the secret to finding your *one word*!"



You don't find it. It finds you!

And I'm going to give you three easy steps to discover it and live it!



"What's the first step?" Abby yelled.



“The first step is to look into your heart,” Mrs. B said.
“Ask yourself, ‘What *one word* will help me be my best?’”



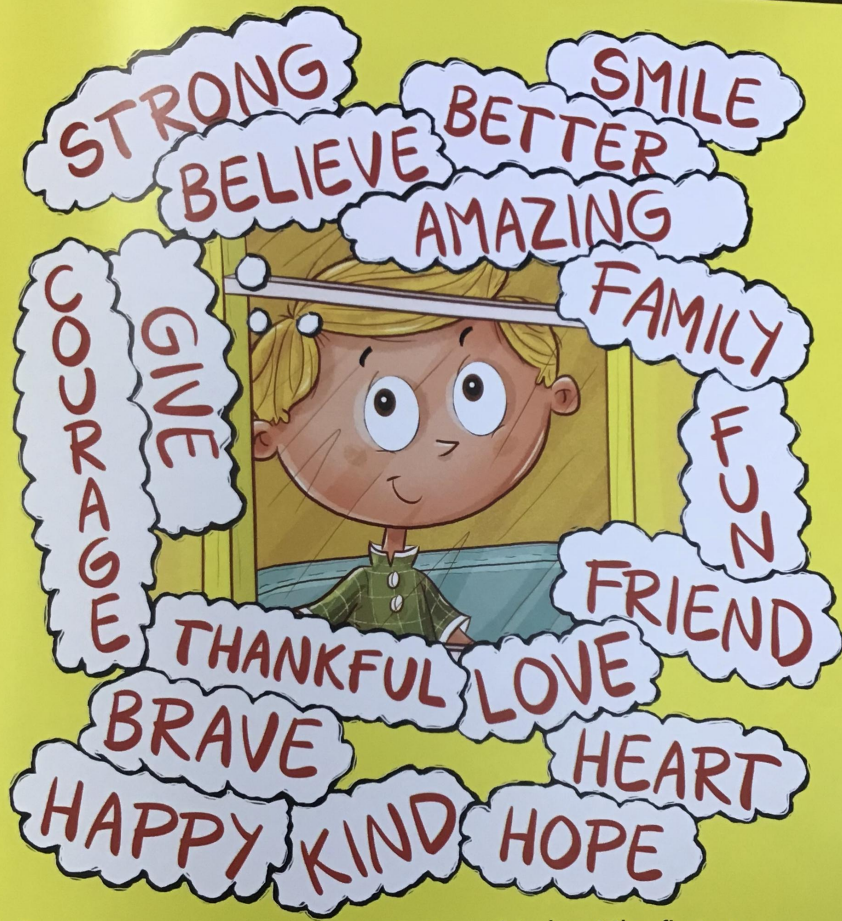
“The second step is to look up,” said Mrs. B.
“Look up and around and believe that there is *one word*
meant for you. If you’re open to it, it will come to you.”

“What’s the third step?” Cole asked.

“That comes after you know your *one word*,” Mrs. B answered. “I’ll tell you that step soon, but first, who’s ready to discover their *one word*?”



All the students cheered!



On the bus ride home, Stevie thought about the first step. He thought about words that would help him be his best.



As
Stevie walked
off the bus, he waved
to his friend George and said
goodbye to Miss Joy, the bus driver.
“Thank you, sugar! I love how positive you
are today!” Miss Joy said.

That night, as Stevie walked his dog, Huxley, he thought about all the possible words. He looked up and remembered what Miss Joy said to him as he got off the bus. In that moment, his *one word* came to him. **POSITIVE!**



He remembered how grumpy he had been when summer was over. Mrs. B said his *one word* would help him have his best year ever. He now knew his *one word* was POSITIVE and he couldn't wait to tell everyone!



Stevie ran home and told his family.



POSITIVE



The next day, Stevie walked into school feeling good that he had discovered his *one word*.

"Alright class, today is the day! Tell me your words!" Mrs. B said.

Strong



Grace
shouted out,
"My one
word is
'STRONG!'"

John said,
"Mine is
'GROW!'"



Grow

Joy

"Mine is 'JOY!'"
Deja said.



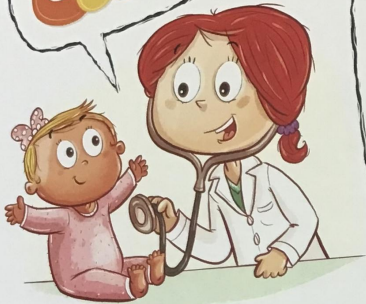
WIN

"My one word is 'WIN!'"
Jake said.



Care

"Mine is 'CARE'!"
Dawn said.



COURAGE



"COURAGE!"
Xavier said.

Believe



Ivelisse said,
"My one word
is 'BELIEVE'!"

FAITH



"Mine is 'FAITH'
Kathryn sa



“Class, I am so proud of each and every one of you!” Mrs. B said. “Here is the best part. The third and last step is to look out and live your *one word*.”



On the bus ride home, Stevie was extra positive with Miss Joy!

At soccer practice, Stevie encouraged his teammates and even shared the *one word* idea with his coach. His coach loved the idea and shared it with the team.



ROAR!

At home, he was even positive with his sisters!





Stevie lived his *one word* for the entire school year and, on the last day of school, he realized that Mrs. B was right. He had his best year ever, and it was even better than summer vacation.



If one word can help Stevie, think about what one word can do for you.



SO, WHAT'S YOUR ONE WORD?

LOOK OUT

LOOK IN

LOOK UP



WHAT'S MY WORD?

Let's brainstorm together



1. What do I need this school year?

Example: To be positive

2. What do you need to focus on to be your best?

Example: Being ready & organized

3. What do I want to do better this year?

Example: Being prepared

4. What story do I want to tell at the end of my school year?

Example: I want to be a helper.

Words that stick out: Positive, Ready, Organized, Prepared, Helper

WHAT'S MY WORD?
NOW IT'S YOUR TURN

