

3RD & 4TH GRADE SOCIAL FILTER

Created by Mrs. Mason

EXPECTATIONS:
BE SAFE
BE RESPECTFUL
BE RESPONSIBLE
SO WE CAN HAVE FUN

STAND UP AND
STRETCH



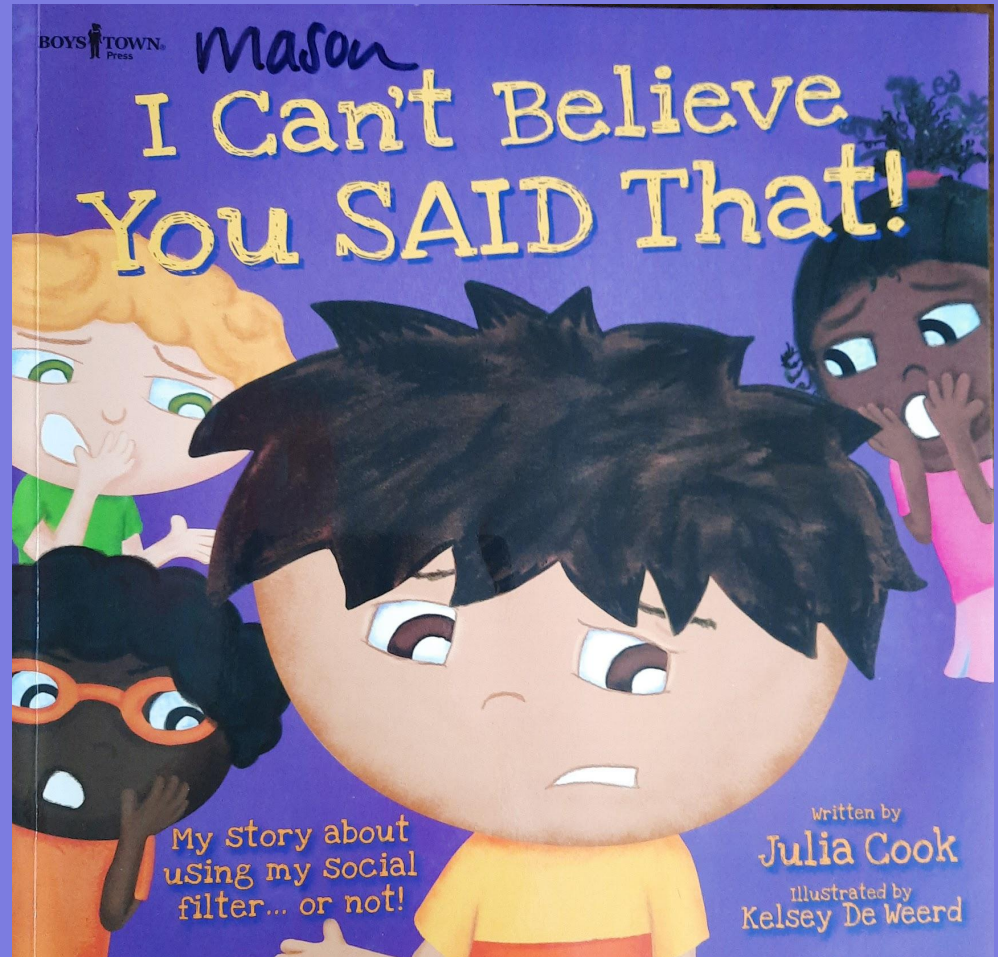
DEEP BREATHS AND WISH WELL

(WHO'S ABSENT TODAY?)



Have you ever
said something
that afterwards,
you realized you
shouldn't have
said it?

Social Filter



My name is RJ.

Sometimes, I say things that get me into trouble
and I don't know why because I'm just being honest.

What Did you
Just Say??

You better
APOLOGIZE

RJ!!

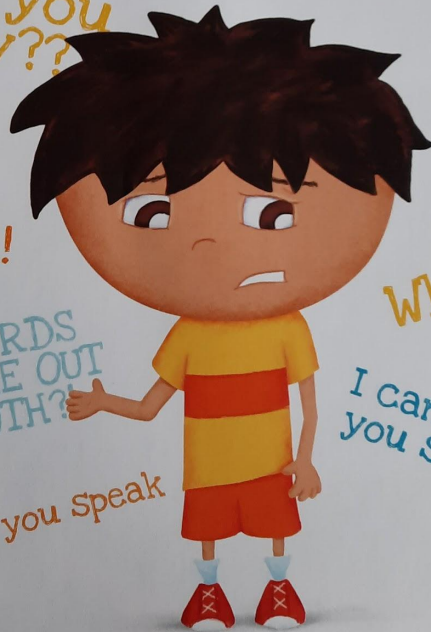
RJ is a
loudmouth!

WHAT??!

DID THOSE WORDS
ACTUALLY COME OUT
OF YOUR MOUTH?!

I can't believe
you said that!

think before you speak



Last week, my dad and I picked my grandma up at the airport.
On the way back to our house, I noticed how **spotted**
my grandma's hands and arms were, so I asked her,
"Gram, how come your skin looks like a Dalmatian?"



"RJ!" my dad said. "I can't believe you just said that!
That wasn't very nice! Apologize to Gram right now!"

"But, Dad, LOOK!"

"RJ."

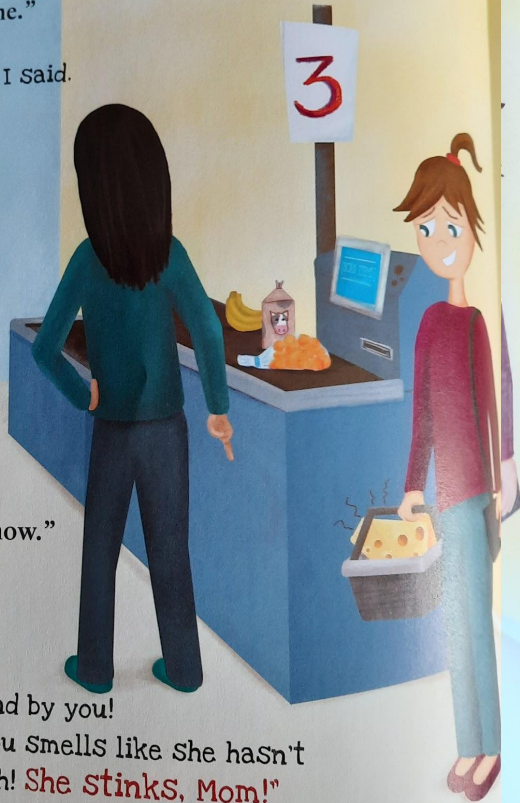


"I'm Sorry, Gram."

A few days later, I was at the store with my mom. She was checking out, and I was standing over by the gumball machines.

"RJ, come and stand by me."

"No," I said.



"RJ, come over here by me now."

"I don't want to!" I said.

"RJ, over here NOW!"

"Mom, I don't want to stand by you!

The lady next to you smells like she hasn't had a bath for a month! **She stinks, Mom!**"

"RJ!" my mom said. "I can't believe you just said that! That wasn't very nice! I think you owe this lady an apology!"

"But, MOM!"

"RJ."



"I'm Sorry, ma'am."

On the way home, my mom told me that what I had said was **rude**.
Then she told my dad about it and that night we had to have a
talk in my room that lasted
about **47 years**.



Yesterday at school, Sam's mom
came into our classroom to help out.

"When is that baby in your tummy
going to be born?" I asked.



"RJ, I don't have a baby in my tummy," she said.

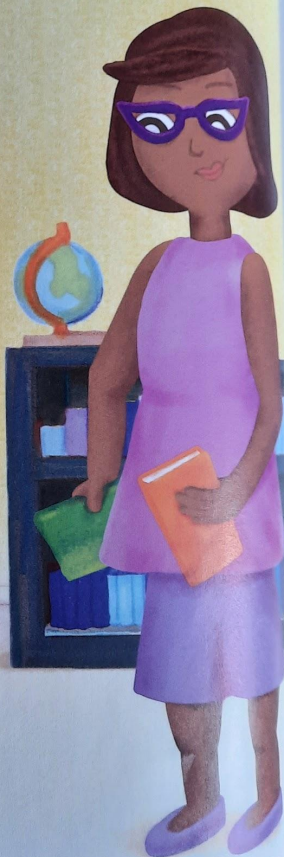
"Well then why are you getting **so fat?**"

"RJ!" my teacher said. "I can't believe you just said that!
That wasn't very nice! Apologize to Sam's mom right now!"

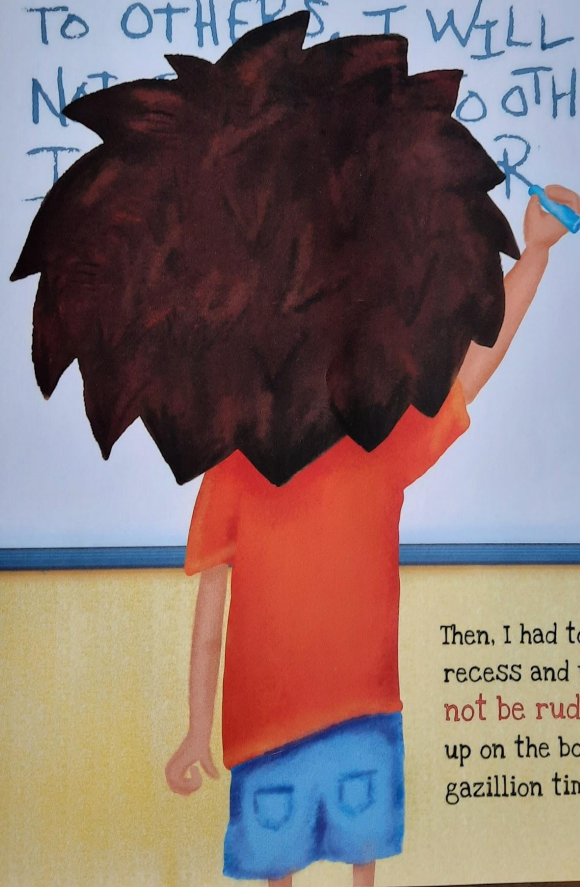
"But, LOOK!" I said.

"RJ."

"I'm Sorry."



I WILL NOT BE RUDE
TO OTHERS. I WILL
NOT BE RUDE TO OTHERS
I WILL NOT BE RUDE



Then, I had to stay in from recess and write "I will not be rude to others" up on the board about a gazillion times!

Tonight, Blanche made her very first chocolate cake all by herself and she wanted our family to eat it for dessert. I think she left it in the oven way too long.

"I can tell you worked really hard on this, Blanche," my dad said.
"Pretty good for your very first cake," said my mom.



"I think it's nasty!" I said.
"It's burned to a crisp! It tastes like charcoal pie!"

Blanche started to cry, and I got in trouble.

"RJ!" my dad said. "I can't believe you just said that! That wasn't very nice! Apologize to Blanche right now and then go to your room!"

"But, Dad, LOOK!"



"RJ."

"I'm Sorry, Blanche."

After dinner was over, my parents came into my room to talk to me. "R.J.," my mom said. "You've really been saying rude things to people lately. You told Gram that her skin looked like a Dalmatian. You told the lady at the store that she smelled bad. Your teacher called and told me that you made a rude comment to Sam's mom. And tonight, you made Blanche feel terrible!"



"But I didn't lie," I said. "I told the truth! Grandma's skin has lots of spots, the lady at the store was stinky, Sam's mom is a lot fatter than she used to be, and Blanche's cake was nasty!"

"Besides, I was just giving them feedback. You always tell me that feedback is just information that helps you grow... so that's what I'm doing. I'm helping people grow."

What do you think?

Are R.J.'s words helping people grow?

“Feedback is a good thing, but you need to run your feedback words through your social filter before you let them come out of your mouth.”

“My what???”

“Your social filter.”

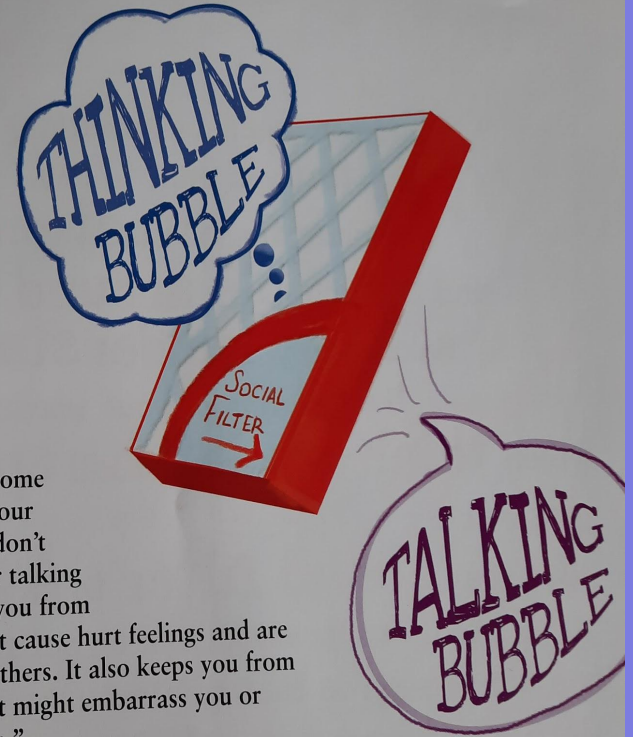


“RJ, you have two bubbles full of words in your head:
There’s your **THINKING bubble** and your **TALKING bubble**.
These bubbles are connected by your social filter.”

“When words form inside your head, they form inside your thinking bubble.
The words in your thinking bubble are private and only for you.”



“When words come out of your mouth, they come from your talking bubble. The words that make it into your talking bubble are for everyone to hear.”



“Your social filter makes sure that some of the words in your thinking bubble don’t make it into your talking bubble. It keeps you from saying words that cause hurt feelings and are disrespectful to others. It also keeps you from saying things that might embarrass you or those around you.”

“RJ, I think sometimes you forget to turn your social filter on.”

“You need to learn how to choose more appropriate words to say.”

When you have something
that you want to say,
look at the **situation**
and the **people** around you.
Make sure you **understand**
the meaning of your words,
then **think** about who you will **speak to**

Use your **social filter** to stop the words
that are mean, unkind or not right.
Then use the words that get through your **filter**
And then you'll be alright.

"Like tonight when you made Blanche cry.
Inside your thinking bubble, you were thinking..."

Blanche made a cake all by herself.

But the cake is really nasty
because she burned it.

I don't like the cake.

It tastes like charcoal pie.



But you should have filtered out the mean
words and said something like...

"It's really cool, Blanche, that you
made this cake all by yourself."



“And then, RJ,” my dad said, “using your social filter can also keep you from saying things that will get you into trouble because it reminds you to analyze social situations.”

“It reminds me to do what???”

Look at the people that you are around,
and figure out what’s going on.

Think whatever you want to
inside your thinking bubble,
but make sure your **filter is on.**

Think about what happens
when you say the **wrong** thing.
Then filter through your **thoughts.**

Let your **talking bubble**
fill with **respectful words,**
and show all that you’ve been taught.

“RJ, if you can remember to keep your social filter turned on, your life will be SO much easier!”

I thought about everything my mom and dad said, and then I went to sleep.



Today at school, I used my Social filter.

Bossy Bernice came to school with a brand new hair-do. She told everyone that her Great Aunt Betty had taken her to a hair stylist.

My thinking bubble filled up with:

Your hair looks really weird.

Your Great Aunt Betty must be really nice if she wants to hang around you. I know I sure don't!

It looks like the eagles have been nesting in your hair!



I used my Social filter and only let some of my words into my talking bubble, and then I said:

"Your great aunt must be nice, Bernice."



Then later today,
I saw Norma the Booger Picker
stick her finger
all the way up her nose.

My thinking bubble
filled up with:

And the words that
all of us always say...

Booger picker, booger picker
diggin' for a treat!
Norma picks her boogers;
and then she EATS!

No, No, Norma!
Use a booger ghost!



I used my Social filter, grabbed a box of tissues,
walked up to Norma and said:

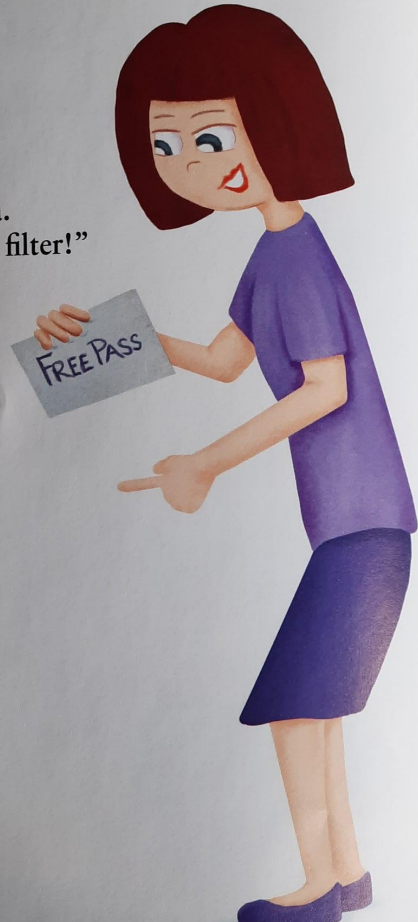
"Hey Norma,
make a booger ghost, and use it
so you don't get teased."



My teacher heard me talking to Norma, smiled and said,
“RJ, I can’t believe you just said that!”

Then, a few minutes later, she handed
me a **Free Assignment Pass**.

“I really liked your choice of
words when you talked to Norma.
Way to use your social filter!”



When I got home from school, Blanche told me that tonight,
she gets to cook our **whole entire dinner** by herself.



My thinking bubble filled up with:

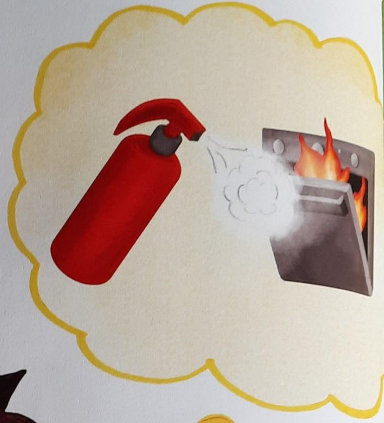
I'm going to starve!

Blanche doesn't cook... She burns!

She might set the house on fire!

I'll have to eat what she makes
and pretend that I like it, or
she will cry and I'll get in trouble.

Blanche is cooking all by herself.

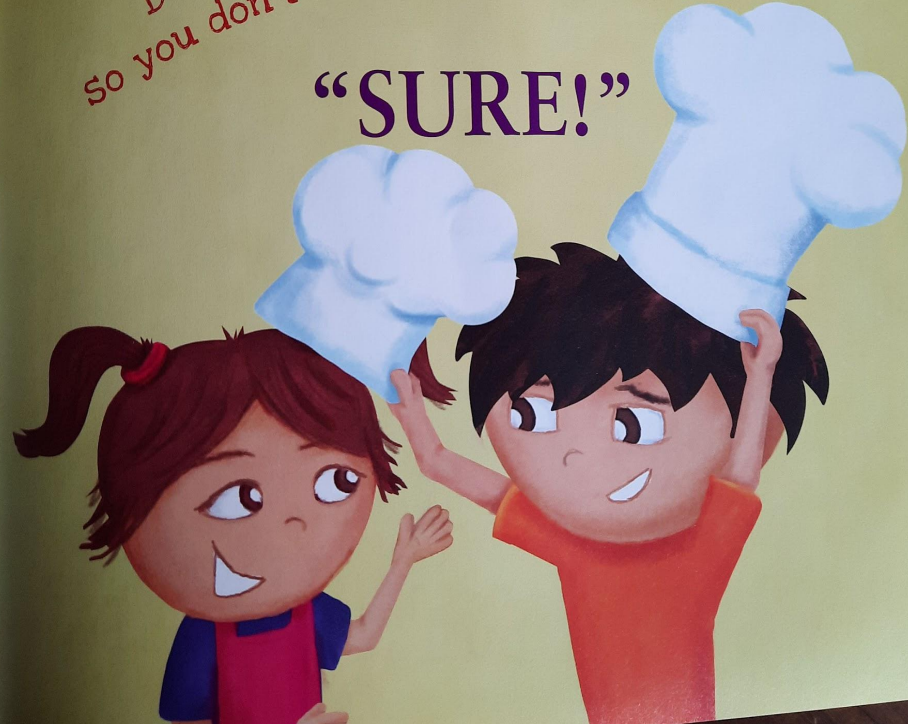


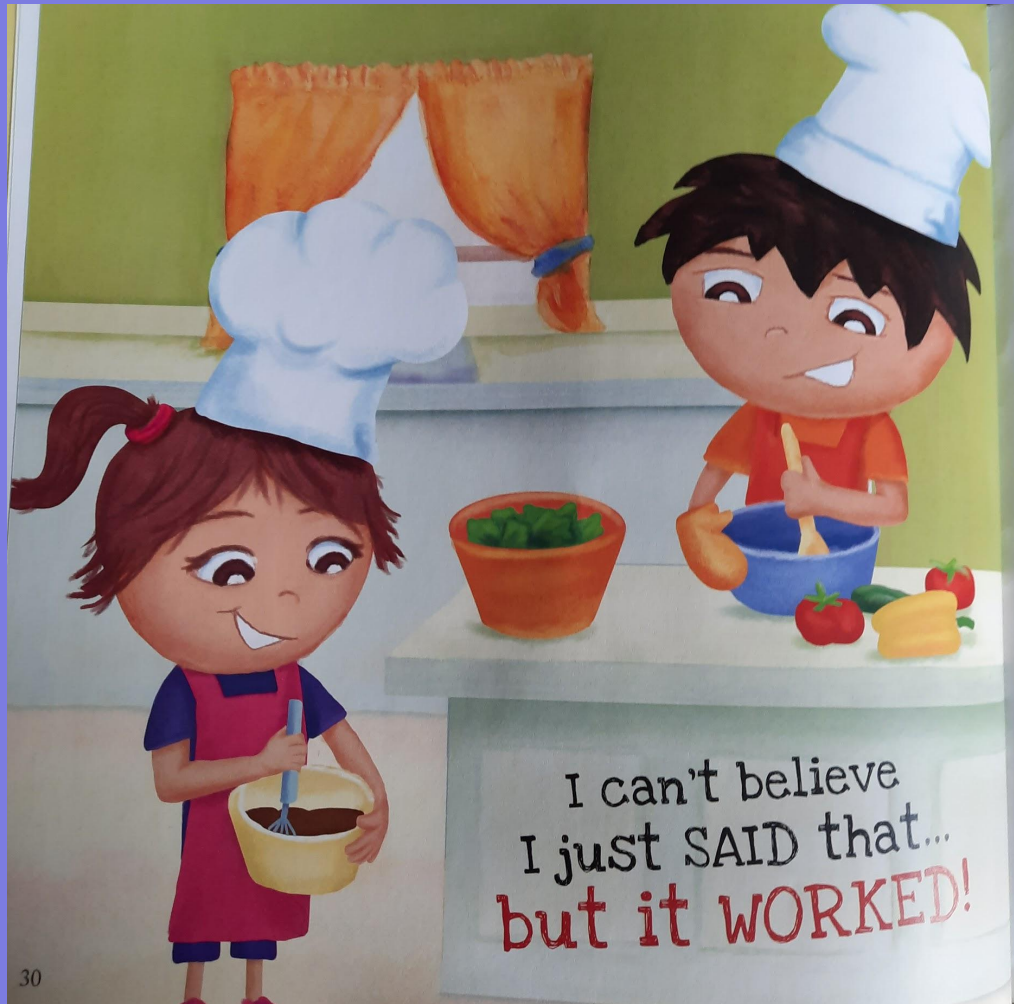
Where's
the **fire**
extinguisher?

I used my Social filter, and then I said:

"That's cool, Blanche!
Do you want me to be your assistant
so you don't have to do it all by yourself?"

"SURE!"





SOCIAL FILTER

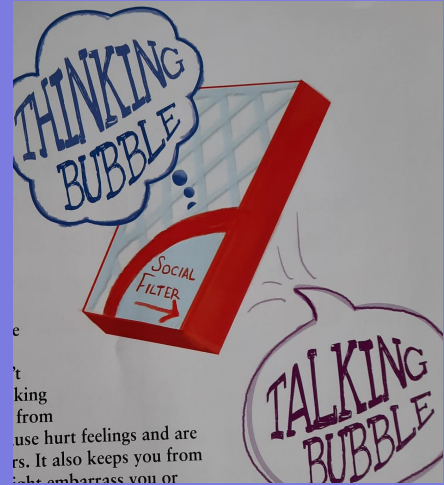
What is a thinking bubble?

What is a talking bubble?

What is a social filter?

Have you used your social filter before?

How can a social filter be helpful?



Your social filter helps you...

- From saying or doing things that are hurtful to yourself or others.

- From saying or doing things that may embarrass you.

- From saying or doing things that might push others away and they won't want to be friends with you.