

PETE THE CAT'S GROOVY GUIDE TO KINDNESS

Created by Mrs. Mason

EXPECTATIONS:
BE SAFE
BE RESPECTFUL
BE RESPONSIBLE
SO WE CAN HAVE FUN

STAND UP
AND
STRETCH



DEEP BREATHS AND WISH WELL

(WHO'S ABSENT TODAY?)



SEESAW JOURNAL QUESTION



Counselor: Journal Question

On a scale of 0 to 10, with 0 being the worst day, 5 being an okay day and 10 being the best day (you can be the numbers in between too), how are you feeling

Students will edit this template

Counselor: Journal Question

Rebecca Mason

Assign...

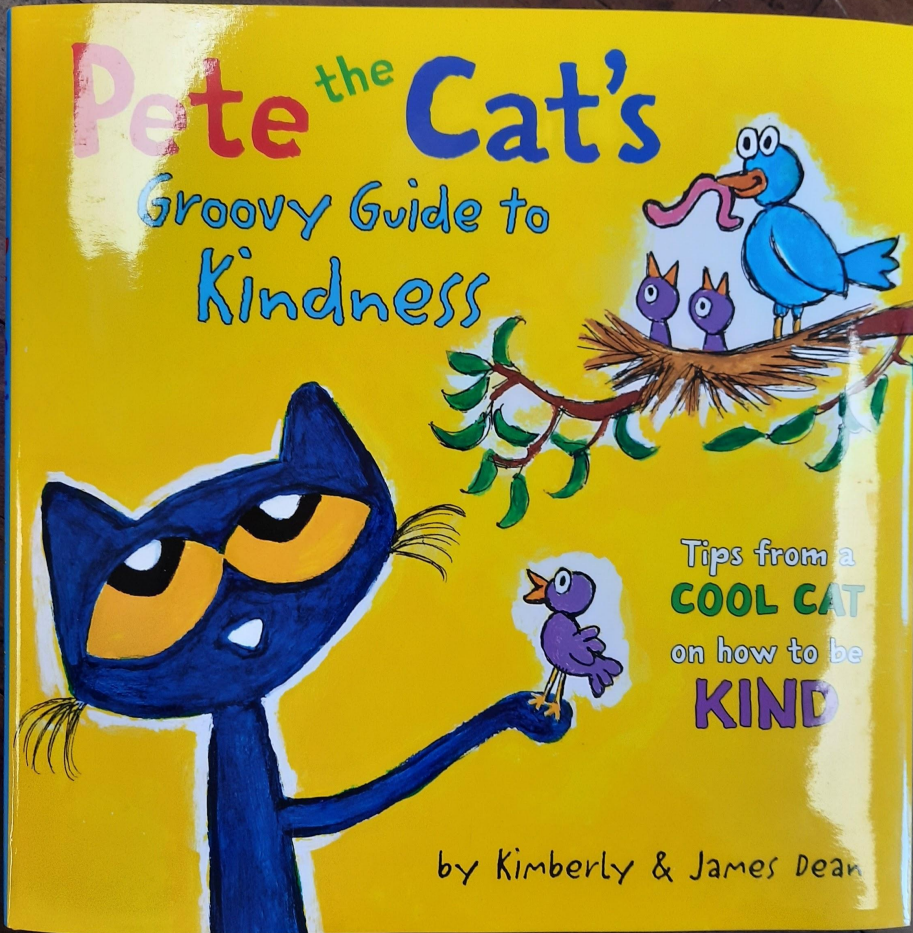
Student Instructions

Counselor: JOURNAL (3rd & 4th Grade)

1. Click [Add response](#).
2. Read the journal question and answer.
On a scale of 0 to 10, with 0 being the worst day, 5 being an okay day and 10 being the best day (you can be the numbers in between too), how are you feeling today? And why?
3. Click to save and add to your journal.

3rd & 4th

Compatible with: Chromebooks, computers, iPads, iPhones, Android tablets, Android phones, Kindle Fire



PETE THE WISE...
WHAT WE CAN
LEARN FROM PETE
THE CAT.

“One kind word can warm
three winter months.”

—JAPANESE PROVERB

Japanese culture has been around
since 1000 BCE-300 CE,
35,000-10,000 years ago.



Just one kind meow can
warm a heart!

—PETE

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Booker
James.
remind
kind."

CHECK O



Every act of kindness
is groovy!

-PETE



“No act of kindness, no matter
how small, is ever wasted.”

—AESOP



Aesop: Greek
storyteller;
Tortoise and the
Hare,
Died in 564 BCE

THE
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Kindness . . . it's kinda my thing.

-PETE



“Three things in human life are important: the first is to be kind; the second is to be kind; and the third is to be kind.”

—HENRY JAMES



Henry James:
American Author
1843-1916

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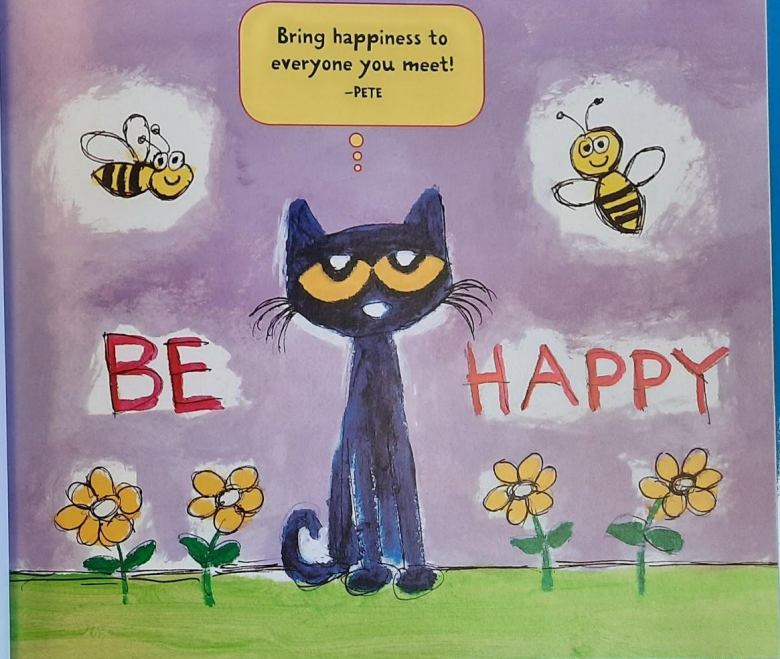
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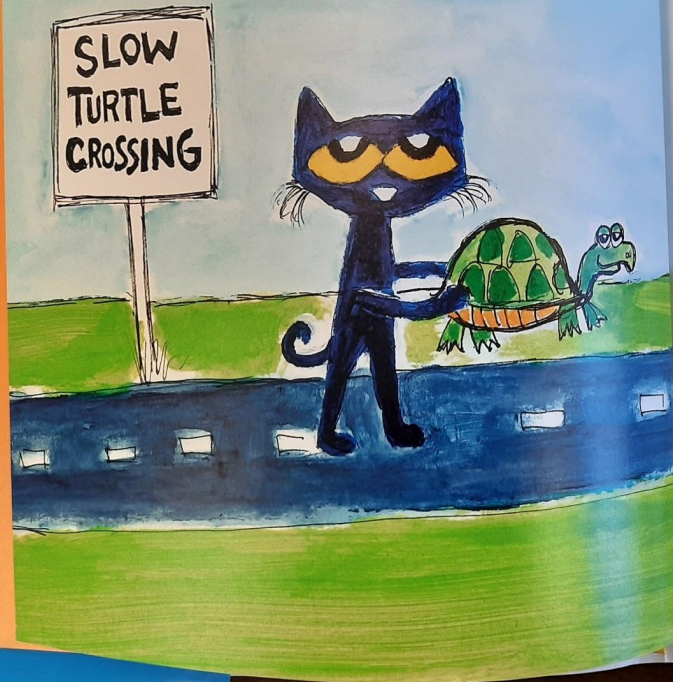


“Those who are happiest
are those who do the most
for others.”

—BOOKER T. WASHINGTON

Booker T.
Washington:
Author, Educator,
Orator and Advisor
1856-1915





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“Be the change
you want to see.”

—ATTRIBUTED TO MAHATMA GANDHI

Mahatma Gandhi;
Indian lawyer and
political ethicist;
1869-1948



“Never believe that a few caring people can't change the world. For, indeed, that's all who ever have.”

—MARGARET MEAD

Margaret Mead:
American cultural
anthropologist,
1901-1978



“Try to be a rainbow in
someone’s cloud.”

—MAYA ANGELOU

Radiate good vibes!

—PETE



Maya Angelou:
American poet and
Civil Rights Activist,
1928-2014



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“Remember that the happiest people are not those getting more, but those giving more.”

—H. JACKSON BROWN JR.

H. Jackson Brown Jr.:
American Author
Born 1940



WHAT WAS YOUR FAVORITE?



1. “One kind word can warm three winter months.” -Japanese Proverb
2. “No act of kindness, no matter how small, is ever wasted.” -Aesop
3. “Three things in human life are important: the first is to be kind; the second is to be kind; and the third is to be kind. -Henry James
4. “Those who are happiest are those who do the most for others.” -Booker T. Washington
5. “Be the change you want to see.” -Mahatma Gandhi
6. “Never believe that a few caring people can’t change the world. For, indeed, that’s all who ever have. “ -Margaret Mead
7. “Try to be a rainbow in someone’s cloud.” -Maya Angelou
8. “Remember that the happiest people are not those getting more, but those giving more. “ -H. Jackson Brown Jr.